



Rules for 3v3

Roster Every team has to hand in a roster with all the player names and their Date of Birth.

Number of players per team A team can roster a maximum of 6 players – three field players and three substitutes. Maximum number of players on the field at any one time is three (3). There are NO Goalkeepers. Teams are allowed to roster less than six players if they choose.

Players Equipment

Footwear Athletic or indoor soccer shoes are ideal.

Shinguards are MANDATORY.

The Referee Their job is to keep the playing environment FUN, SAFE and focused on the child. Duties keep time, enforce the rules, stop and restart play. Assistant Referees are not used in the small-sided game.

Field Dimensions The field of play shall be rectangular, its length not more than 30 yards and its width not more than 20 yards.

Goals 4 x 6 feet

Ball U8 Sz 3, U10 and U12 Sz 4

Game Duration Duration of the Game

League (2) 20 Min Halves with 5 minute break

The Start of Play Opponent must be three (3) yards from the center mark while kick-off is in progress.

Substitutions Teams sub on the fly. Players leaving the field must be within a few yards of sideline BEFORE sub may enter. Infractions are at the sole discretion of referee. Restart is a direct kick.

Ball in and Out of Play Ball is played off walls and curtains. If the ball leaves the field of play beyond the curtain a kick in is played.

Kick Offs / Kick Ins / Indirect Kicks / Goal Kicks / Penalty Kicks

Kick Offs May be kicked in any direction. You cannot score directly from a kick off (ball must be 100% over the mid-line to be considered on the offensive half of the field). The kick off is an indirect kick.

Kick-ins The ball shall be kicked into play from the sideline, rather than thrown in. The ball is considered in play when the ball is touched and changes position. This is an indirect kick, and a goal cannot be scored from this kick.

Penalty Kicks No penalty kicks in small sided games.

Five-Yard Rule In all dead-ball situations, defending players must stand at least five yards away from the ball. If the defensive player's goal is closer than five yards, the ball shall be played five yards from the goal box in line with the direction of play prior to the penalty.

Goal Scoring A goal may only be scored from a touch (offensive or defensive) within the team's offensive half on the field. The ball must be completely on the offensive half of the field, and cannot be touching the mid-line (Example: kick-off). If a player in their defensive half kicks the ball across the midline and the ball hits another player (offensive or defensive) in their offensive half, and the ball goes in the goal, a goal will be awarded. If a ball is kicked from the defensive half and is not touched before the

ball rests in the goal, a goal kick is awarded to the defensive team. A goal cannot be scored from an indirect kick, such as a kick-in from out-of-bounds.

Goal Keepers / Off-sides / Slide Tackling / Hand Ball Clarification

Goal Keepers There are no Goalkeepers in 3v3 Soccer.

Off-sides There is no off-sides in 3v3 Soccer.

Slide Tackling No slide tackling is allowed. If a player is sliding for the ball, contact with any player(s) from the other team is NOT ALLOWED. If a player slides and contact is initiated, a free kick shall be awarded. This does not prevent players from sliding to stop/intercept a ball where contact is not initiated during the slide. Example: a player may slide to save a ball from going out-of-bounds.

Hand Ball Clarification Deliberate handling of the ball that denies a team of an obvious goal-scoring opportunity will result in the following: (1) Free kick (at the discretion of the referee) (2) A yellow or red card given to the player committing the hand ball (at the discretion of the referee).

Goal Box There are no goalkeepers in 3v3. The goal box is approximately six feet wide by six foot long located directly in front of the goal. The goals are four feet high by six feet wide. There is no ball contact allowed within the goal box, however, all players may pass through the goal box as long as they do not touch the ball while in the box. If the ball comes to a rest in the goal box, or on the goal box line, a goal kick is awarded regardless of who touched the ball last. Any part of the ball or player's body on the line or inside the plane of the box is considered in the goal box and an extension of such. If a defensive player touches the ball after it has entered the goal box, the plane of the goal box, or an extension of the goal box (such as any part of the ball or player's body on the line or inside the plane of the box), a goal will be awarded to the offensive team. If an offensive player touches the ball after it has entered the goal box, the plane of the goal box, or an extension of the goal box (such as any part of the ball or player's body on the line or inside the plane of the box), a goal kick will be awarded to the defensive team, and a goal will not be counted if scored. The plane of the goal box extends upward infinitely. The referee's judgment call and ruling on the field will not be overturned.

Delay of games / forfeits / overtime

Delay of Game The referee has the official time on the field and holds the right to take necessary action if he/she feels that a team is delaying the game. Any player may be cautioned with a yellow card if it is deemed by the referee that the player is intentionally wasting time, such as if a player intentionally kicks the ball long distances away from the playing field in order to waste time. The referee has the official time on the field.

Opposing coaches and players should shake hands after each game. Parent/coaches, non-playing players and spectators should be there to enjoy and encourage the activity of the youngsters.

No Beverages, Food or Gum allowed in playing areas. No Parents or Spectators on playing areas.